CLAIMS

Having thus described the invention, what is claimed is:

1. An assay for determining the concentration of endogenous lactoferrin, said assay comprising:

obtaining a human fecal sample;

diluting said fecal sample;

contacting said sample with immobilized polyclonal antibodies to endogenous lactoferrin to create a treated sample;

contacting said treated sample with enzyme-linked polyclonal antibodies to create a readable sample;

determining the optical density of said readable sample at 450 nm;

generating a purified lactoferrin standard curve; and

comparing said optical density of said readable sample to said standard

curve to determine the concentration of endogenous lactoferrin in said fecal

sample.

- 2. The assay as recited in claim 1, wherein said step of diluting said fecal sample comprises diluting said sample by serial ten-fold dilutions.
- 3. A kit for distinguishing irritable bowel syndrome from inflammatory bowel disease by testing a fecal sample from a person to be diagnosed, the kit comprising:

one or more microassay plates, each said plate containing immobilized polyclonal antibodies to human lactoferrin;

enzyme-linked polyclonal antibody to human lactoferrin; and enzyme substrate for color development.

- 4. The kit as recited in claim 3, further comprising purified human lactoferrin as a positive control.
- 5. The kit as recited in claim 4, further comprising a stop solution for quenching the reaction.
- 6. A method for monitoring a patient having inflammatory bowel disease, the method comprising:

obtaining a first fecal sample from the inflammatory bowel disease patient at a first time;

determining the concentration of endogenous lactoferrin in said first fecal sample to obtain a first lactoferrin concentration;

obtaining a second fecal sample from the inflammatory bowel disease patient at a second time later than said first time;

determining the concentration of endogenous lactoferrin in said second sample to obtain a second lactoferrin concentration; and

comparing said first lactoferrin concentration to said second lactoferrin concentration to evaluate any differences therebetween.